

Bill Gee **Chu Shong Tin**

Bill Gee is the form which concentrates an enormous destructive power in attacking. It is to use the natural skill to release the potential power of a person to the highest level and is also the combination of the mind and the theory of force.

It is wrong to say that learning the form of Bill Gee will then possess the enormous power of Bill Gee as well as having the very high skill in concentrating the force. Without the basic skill of Siu Nim Tau and Chum Kiu, the Bill Gee's power cannot be effected. Sometimes, one may even hurt one when applying Bill Gee in fighting if one does not possess the basic skill of Siu Nim Tau and Chum Kiu.

To analyse the original idea of Bill Gee from the moves of the form:

1. When practising Bill Gee, one must move in speedy motion. When one is familiar with the moves of Bill Gee, he should practise it speedily because everybody knows that the destructive power is greater when moving faster.
2. Using rotation as a source of releasing energy. Whether it is as hard as steel or as soft as water, once rotated, the steel or water can generate enormous power. It is obvious that one will be unwilling to approach a rotating steel. Also, when the air is rotated, it creates a powerful hurricane. The whirlpool formed by the rotation of water is just as bad.

Hence, when practising Bill Gee, one must infuse his mind into the moves. In the way, he can feel the speedy effect and the original idea of Bill Gee so as to obtain the greatest satisfaction.

The profound Skill of Bill Gee can only expressed through demonstration, as such complexities can never be expressed in black and white. Hopefully, I wish that the participants of this course can grab hold of this profound skill so as to increase their understanding of Wing Chun. Consequently, they can practise Wing Chun with great interest.